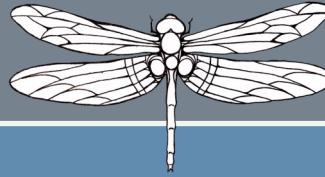


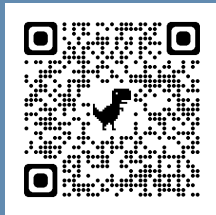


# Grief & Healing Support Groups



These monthly, drop-in Grief & Healing Support Groups are held throughout the Nashoba Associated Boards of Health service area. Facilitated by grief counselor Karen Campbell, MSMHC, these groups offer a safe space to share experiences of the grief journey.

Scan this QR code or visit webpage below to learn more about the grief support program:

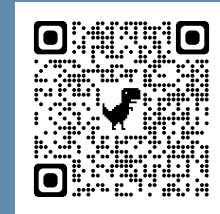


[www.nashoba.org/grief-support](http://www.nashoba.org/grief-support)

*These groups honor all types of grief, including grief due to loss, change and transitions. In recognition that grief has no time frame, those who grieve are welcomed at any time in their journey.*

For more information, please contact Karen Campbell,  
NABH Grief Counselor at 978-772-3335 x 322

Scan this QR code or visit webpage below for support group dates, times, and locations:



[www.nashoba.org/calendar](http://www.nashoba.org/calendar)

*This free, public service is provided to the community by Nashoba Associated Boards of Health.*

*The grief support program would not be possible without the generous support of the following funders:*

